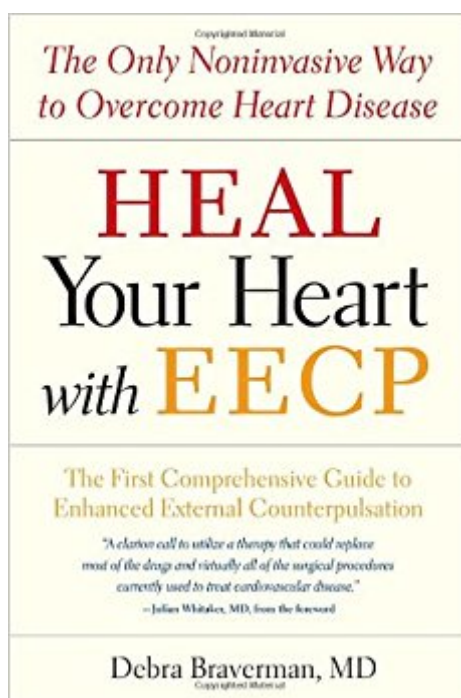


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# Heal Your Heart With EECp: The Only Noninvasive Way To Overcome Heart Disease



## Synopsis

If you suffer from or are at risk for heart disease, surgery and invasive procedures are not your only options. There is a noninvasive, safe, and painless treatment that is clinically proven to be more successful in reversing the effects of the disease, improving blood circulation, and strengthening the cardiovascular system, all for a fraction of the medical costs. This groundbreaking procedure is called enhanced external counterpulsation (EECP), and it has been the best-kept secret in medicine-until now. Doctors have discovered that invasive procedures that treat specific artery blockages offer only a short-term fix for the underlying problem: poor blood flow. Using blood pressure cuffs to help push blood through the body, EECP promotes the development of new blood vessels to naturally bypass coronary blockages, restoring the flow of healthy, oxygenated blood to the heart. As a result, EECP reduces or eliminates symptoms such as chest pain, fatigue, and shortness of breath; increases energy and stamina; and returns heart patients to activities they thought they had given up forever. In HEAL YOUR HEART WITH EECP, Dr. Debra Braverman dispenses critical information about this revolutionary treatment. EECP patients are less likely than bypass, angioplasty, and stent patients to have a heart attack or require hospital stays. EECP is the ideal weapon in the fight against heart disease for patients battling obesity, high cholesterol, high blood pressure, diabetes, and more. EECP brings none of the risks of surgery or invasive procedures and is provided in an outpatient setting. EECP is approved by the FDA and Medicare and covered by most private insurers, and it is appropriate for nearly all heart disease sufferers, regardless of age, size, or other medical conditions.

## Book Information

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## Customer Reviews

A clarion call to utilize a therapy that could replace most of the drugs and virtually all of the surgical procedures currently used to treat cardiovascular disease.-Julian Whitaker, MD, from the foreword

EECP is inexpensive, FDA-and Medicare-approved, and covered by most insurance companies. Studies show that EECP patients are less likely than bypass, angioplasty, and stent patients to go to the emergency room, require hospital stays, and undergo additional surgical procedures. EECP reduces heart disease risk caused by obesity, high cholesterol, high blood pressure, diabetes, and more. A portion of the book's proceeds will go toward the Mended Hearts, a national support group for heart patients and their families.

The author presents a good case for the efficacy and safety of EECP for many cardiac and other conditions. She has sold me on the idea of taking the least invasive approach to cardiac intervention (EECP) and reserving the more invasive interventions (angiography, angioplasty, stenting, coronary bypass surgery, etc.) as a last resort. The only thing she doesn't do is tell us the secret to getting Medicare to approve this as a first-resort rather than as a last resort.

Not many people understand the great benefits of EECP, this book explains it all. Dr. Braverman is exceptional explaining why more people should consider EECP before you get surgery, before you get on heart medications, before you lose proper blood flow and circulation. Many athletes know the benefits but the surgeons don't want you to know.

My husband was very sick with another illness. He also had to go through an operation to have stents input into his arteries. After a few months he suffered from restenosis ( clogged stents) He was told by his cardiologist he had to have a heart by-pass or he would only live a few months. We knew he was too weak to have surgery (although they claimed he would be 'just fine') We researched our options and came across this book. Thank you Dr. Braverman. We found an EECP machine in Vancouver Canada where we live (the only one in Western Canada) and took the 50 treatments. Today my husband still suffers from the other illness but has no heart problems. We believe he would not be alive today had he not taken the EECP treatment. At one point he could not walk up the stairs - he is now active in the garden and it has given him new life. EECP is not covered by insurance in Canada and costs approximately \$100 per treatment for 35 sessions - our naturopath offered the final 15 sessions at no charge. Bless his heart. This book explains in detail

why and how the treatments will be beneficial to you. A very good read.

This is a very well written and informative book about the benefits of EECP. Dr. Debra Braverman has done an excellent job in bringing this info to the public. After being advised by my cardiologist that he thought EECP would be beneficial to me, I researched the subject on-line and purchased this book to assist me in making a decision. There should be more doctors like Dr. Braverman, dedicated to helping patients in the best way possible. Unlike the U.S. medical profession, China has been using EECP extensively for many years. China believes in non-invasive treatment rather than invasive medical treatment. Their doctors are rewarded much more for keeping patients healthy and out of hospitals. In the U.S., doctors make much more money with invasive surgical procedures and putting patients in hospitals. The pharmaceutical industry controls the medical schools, doctors and the FDA and it is all about greedy people making money.

Heal Your Heart with E.E.C.P. is a revolutionary treatment and technology for treating heart disease and stopping chest pains called Angina. Enhanced external counter pulsation pumps blood through out the body, especially to the heart ,brain and even arms and legs resulting in good circulation and blood flow. E.E.C.P. wakes up dormant collateral arteries in the heart around blocked arteries and increases blood flow to the heart which prevents heart attacks and other heart problems. People who have suffered with severe chest pains for a long time and can't walk or stand and tried drugs and surgery(stents, angioplasty, bypass surgery) which didn't help and then did E.E.C.P. said now they have no chest pains and they can walk for miles now and enjoy their life once again. The effects for E.E.C.P. last for a long time and the patient enjoys a passive form of exercise and gentle massage from the blood pressure cups. People who have diabetes and heart problems should get help from E.E.C.P. treatment and therapy.

Braverman is one of the country's leading practitioners and proponents of EECP, and she does an admirable job in this book of explaining what it is, who may benefit from it, and where to learn more about this little-known, but highly effective treatment for advanced heart disease. EECP is a non-invasive, safe, FDA-approved treatment for heart failure than has been proven to improve patients' prognoses and quality of life. After a standard course of therapy, many patients experience near-miraculous improvements in everything from mobility and stamina to their sex lives. While the multi-billion-dollar invasive cardiology industry heavily promotes expensive and dangerous surgical procedures as virtually the only choices available to treat advanced heart disease, the fact is that

EECP can and should be used far more often than is currently occurring in this country. Dr. Braverman does an excellent job of explaining all the facts relating to this safer, cheaper alternative therapy. She provides scientific data comparing various 'standard' treatments (surgical procedures) to EECP, and provides anecdotes from her own experiences as director of the country's leading EECP facility. This is an excellent, accessible reference for anyone concerned about existing heart disease.

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